

OBC 25M 2025: Session: 1: COACH evaluation sheet for TEAM: MOSAN

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Leonard Pierre HEADCOACH

Coaches: Braham Kevin

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 400M MEDLEY MEN							Heat:3, starttime: 09:25	
Heat: 3/3 Lane : 2 Athlete: HESSENS TRISTAN							Q-time: 04:37:20	
PB (25m pool): 4:37.20 Gent 9 Nov 2024							PB (50m pool): 4:56.06 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		30.32		1:05.46		1:40.85		2:15.38
	30.32		35.14		35.39		34.53	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		2:54.78		3:34.13		4:06.37		4:37.20
	39.40		39.35		32.24		30.83	
								

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN										Heat:6, starttime: 09:35	
Heat: 6/6 Lane : 3 Athlete: GILLET ERYNN										Q-time: 00:29:71	
PB (25m pool): 29.71 Gent 9 Nov 2024										PB (50m pool): 30.20 SB:	
	2 5 M		5 0 M								
PB			29.71								
			29.71								
											

Coach feedback:

Event number: 4: 50M FREESTYLE MEN							Heat:6, starttime: 09:45	
Heat: 6/8 Lane : 1 Athlete: ANDRIEN MAXIME							Q-time: 00:23:53	
PB (25m pool): 23.00 Angers (FRA) 19 Nov 2015							PB (50m pool): 23.85 SB:	
	2 5 M		5 0 M					
PB			23.00					
	23.00							
								

Coach feedback:

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Event number: 5: 200M BREASTSTROKE WOMEN							Heat:3, starttime: 09:55	
Heat: 3/4 Lane : 5 Athlete: GOSUIN AUGUSTINE							Q-time: 02:33:85	
PB (25m pool): 2:33.85 Gent 9 Nov 2024				PB (50m pool): 2:38.26 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		35.20		1:14.13		1:53.82		2:33.85
	35.20		38.93		39.69		40.3	
								

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN							Heat:3, starttime: 09:55	
Heat: 3/4 Lane : 8 Athlete: DEPIERREUX ELéONORE							Q-time: 02:43:78	
PB (25m pool): 2:43.89 Gent 9 Nov 2024				PB (50m pool): 2:43.78 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		37.62		1:19.54		2:01.81		2:43.89
	37.62		41.92		42.27		42.8	
								

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN							Heat:4, starttime: 10:15	
Heat: 4/6 Lane : 8 Athlete: GOSUIN AUGUSTINE							Q-time: 01:07:53	
PB (25m pool): 1:06.93 Arras (FRA) 28 Dec 2021				PB (50m pool): No time SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		30.26		1:06.93				
	30.26		36.67					
								

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN							Heat:6, starttime: 10:20	
Heat: 6/6 Lane : 8 Athlete: DE GYNS LILWENN							Q-time: 01:07:25	
PB (25m pool): 1:07.25 Liege 21 Jul 2025				PB (50m pool): No time SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB								
								

Coach feedback:

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Event number: 11: 50M FREESTYLE WOMEN			Heat:2, starttime: 10:55
Heat: 2/7 Lane : 3 Athlete: PITTERI MARIA CRISTINA			Q-time: 00:27:74
PB (25m pool): 27.54 Gent 8 Nov 2014			PB (50m pool): 27.74 SB:
	2 5 M	5 0 M	
PB		27.54	
	27.54		
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN			Heat:3, starttime: 10:55
Heat: 3/7 Lane : 3 Athlete: GILLET MAËLLE			Q-time: 00:27:52
PB (25m pool): 27.52 Saint-Dizier (F 12 Oct 2025			PB (50m pool): 28.18 SB:
	2 5 M	5 0 M	
PB		27.52	
	27.52		
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN			Heat:6, starttime: 10:55
Heat: 6/7 Lane : 7 Athlete: DE GYNS LILWENN			Q-time: 00:26:81
PB (25m pool): 26.81 Liege 21 Jul 2025			PB (50m pool): 28.06 SB:
	2 5 M	5 0 M	
PB		26.81	
	26.81		
			

Coach feedback: